Ahupua’a ‘o Kahana encompasses 5,260 acres boarded by Makali‘i Point to the north, Māhie Point on the south, Makaua, Waikāne and Punalu‘u mauka, and the outer bay reefs makai. There are 465 archeological features, 120 wet terraces, 12 ‘auwai, 3 fishponds, 47 religious features, 26 stone mounds, and 2 petroglyph sites.

Prior to Capt Cook’s arrival, the ahupua’a of Kahana supported a high estimate of 20,000 kanaka maoli (Native Hawaiians) who planted kalo as their main crop. By the time of the Māhele, 150 remained.

During the 1800s, King Kalākaua’s mother owned the ahupua’a and eventually sold it to a Chinese investor. He converted the lo‘i to rice paddies and constructed a rice mill near the present Wailua ‘auwai/lo‘i. In 1881, the Chinese investor abandoned the rice project and sold the ahupua’a to a Hawaiian, Latter Day Saint hui. Instead of individual ownership of a parcel of land, each hui member owned a share of the ahupua’a and residents had to be members of the Mormon church. Between 1881 and 1955, the estate of Mary Foster acquired most of the hui shares. In 1965, the State Legislature authorized condemnation proceedings of the valley for the purposes of creating a State Park. This was the biggest State condemnation at a cost of $5 million. Of particular note was the inclusion of water and fishing rights in the condemnation.

In 1977, the Legislature authorized a “cultural living park” concept with 31 house lots. Thirty-one families were given sixty-five year leases with the requirement to accomplish twenty-five hours per month of cultural activity.

In 1997, your hosts, who trace their lineage to the original residents of Kahana along with the Wai‘ahole Taro Company planned, organized, and implemented the restoration of 4,000 ft. of Wailua ‘auwai and several lo‘i. Numerous organizations, classes, and individuals assisted in the restoration, maintenance, interpretive program development, and cultural/spiritual development.

E komo mai (welcome), your hosts want you to experience and be exposed to the traditional Native Hawaiian way of cultivating kalo, as well as farming other types of crops (‘awa, kō, ‘ulu, mai’a, etc.).

The following are questions to reflect on after you leave Kahana:

1. What Hawaiian values did you practice or experience?
2. What is the spiritual relationship between Kanaka Maoli and the kalo?
3. How is the ‘āina related to the other aspects of the Hawaiian culture?
Glossary of terms:

ahupua’a – land division, mountain to near shore, usually bordered by ridgelines

‘āina – land, earth, environment

kalo – taro

lo‘i – taro ponds

wai – fresh water

mauka – towards mountains or inland areas

makai – towards the sea, near shore area

‘auwai – irrigation ditch

hui – group, gathering

malihini – visitor, tourist

kanaka maoli – Native Hawaiian

‘awa – kava

mai‘a – banana

‘ulu – breadfruit

kō - sugarcane

imu – oven

kālua – baked or steamed in imu

pūlehu – cooking in hot embers and hot ashes

lāwalu – food wrapped in ti leaves broiled over coals

kō‘ala – broiling unwrapped food over hot coals

poi – mashed kalo with water mixed in

lū‘au – kalo leaves

māla - garden
Preparation for the Huaka‘i to Kahana Valley

Supplies

Work & Safety

- wear old clothes for work or clothes you don’t mind getting dirty (beach clothes ok)
- backpack (to carry items)
- tabis, boots with hooked heel or slippers (barefoot ok) if you have these items
- gloves (if you have), hat
- rain jacket
- sunscreen, mosquito repellent
- cell phone (in case of emergency), AT&T is currently the only service inside Kahana Valley
- this informational handout, pen or pencil & a notebook
- medical insurance card

Food & Drinks (in keeping with the concept of mālama ʻāina, please don’t bring any glass or paper products, also there will be no eating utensils furnished by the facilitators, so carefully follow the instructions below)

- lots of water; drinks in cans or plastic bottles (no glass containers)
- If staying for lunch: try to pack lightly because you need to walk a short distance
  - your food item and any cooking utensils & containers if needed
  - beverage for lunch
  - a reusable plastic container with a lid for eating, or you can use the hau tree leaves for a plate
  - utensil (fork, spoon, or chopsticks)
- Washing
  - clean clothes & towel to change into after working and rinsing off
  - water for rinsing is a waterfall at the end of an ʻauwai (surface water irrigation ditch) or along the ʻauwai
  - hand sanitizer

Safety & Hygiene

- The terrain may be muddy and slippery, there are numerous insects and thorny plants
- At mauka location, toilet facility is an outhouse unless you use the restroom at the beach park.

Other items

- If you wish to kanikapila during lunch (guitar, ʻukulele, etc.)
- camera

Observe the Kapu

- NO personal electronic entertainment (IPOD, digital player, pocket video games, etc.)
- NO glass & paper products
- Kapu wai – Observance of this kapu assures that the cleanliness of the water, as it is the water, both fresh (wai) and salt (kai), that is essential to the production of food, i.e., kalo and fish. Therefore, observe the following:
  - NO heavy soap or detergent for washing. Use only light or organic natural soaps.
  - Any wahine who have their maʻi (period) shall not enter the loʻi or the ʻauwai. There are many other things to do without entering the water. Please do that. You need not inform anyone of your condition.
• If you have open cuts on your extremities (hands, lower arms, feet, legs) avoid contact with the stream water. You may enter, but at your own risk of exposure to leptospirosis, a water-born bacteria found in all of Hawai‘i’s terrestrial waterways.

**Huaka‘i to Kahana Schedule**

<table>
<thead>
<tr>
<th>Work Day</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>7:15 a.m. – If carpooling</strong> Meet at designated meeting place</td>
</tr>
<tr>
<td><strong>Departure beginning at 7:15. Last departure at 7:30.</strong> Follow the kumu’s instructions for carpooling. Please be on time, <strong>if you miss the last ride, your kumu will not give you credit for the huaka‘i.</strong> <em>DRIVE CAREFULLY, NO SPEEDING OR RACING!</em></td>
</tr>
<tr>
<td><strong>8:15 a.m. – Arrive at entrance to housing area in Kahana Valley</strong> Meet in parking lot next to the coconut grove at the entrance to the Kahana Valley State Park on Kamehameha Highway, after which we’ll make our way to the back of the valley at the lo‘i. <strong>Use bathroom facilities at this parking lot site.</strong></td>
</tr>
<tr>
<td><strong>8:30 a.m. – Welcome at lo‘i area</strong> Introduction, mele, orientation, identification of restroom and other facilities, safety briefing, rules, and an explanation of tasks for the day.</td>
</tr>
<tr>
<td><strong>9:00 a.m. – Work</strong> Go with your alaka‘i (leader). Some of the tasks may include the following:</td>
</tr>
</tbody>
</table>
  * Clean māla (garden)  *
  * pull/cut weeds from kuāna and lo‘i  *
  * clean ‘auwai and ho‘i  *
  * huki, clean, and cut kalo  *
  * prepare lo‘i for planting  *
  * plant kalo  *
  * help clear invasive trees  *
  * pūnāwai maintenance  *
| **Around 12:00 p.m. – Pau hana (finish activity, clean up)** Wash tools at the ‘auwai and put in trucks. Wash yourselves at the ‘auwai. |
| **12:15 p.m. – ‘aina ‘awakea (Lunch)** |
| **1:15 p.m. – Clean up** Assist with breaking down HWST pole tent if it was used, picking up trash, and loading the trucks. |
| **1:30 p.m. – Leave Kahana** Check with your kumu that he/her has signed this information sheet or taken attendance before leaving. Please take out your own rubbish and recyclables!!!!!! |

A.L. Kahana Info Sheet Ho‘oponopono ‘ia i ka lä 08.09.09
Driving Directions to Kahana

Yahoo! Driving Directions

Starting from: 2645 Dole St, Honolulu, HI 96822-2325 (Hawaiian Studies)

Arriving at: 52-222 Kamehameha Hwy, Hauula, HI 96717-9716 (Kahana Valley State Park entrance)

Distance: 27.2 miles  Approximate Travel Time: 56 mins

Your Directions
1. Start at 2645 DOLE ST, HONOLULU going towards E WEST RD - go 0.6 mi
2. Turn on UNIVERSITY AVE - go 0.1 mi
3. Take I-H1 WEST - go 4.4 mi
4. Take exit #20A towards HI-63 NORTH/LIKELIKE HWY - go 7.0 mi
5. Take the HI-83 WEST/KAHEKILI HIGHWAY exit - go 15.1 mi
6. Arrive at 52-222 KAMEHAMEHA HWY, HAUULA, on the

Your full route

Your destination

Coconut Grove Parking Lot

Gate

Chain

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Directions for Parking Vehicles and Going to the Lo‘i

How to get to the lo‘i

- Use the attached map.
- Go up the main access road in the center of the valley (mauka side of Kamehameha Hwy), next to the sign that reads “Ahupua‘a o Kahana Valley State Park” at 52-222 KAMEHAMEHA HWY, KAHANA
- Meet at coconut grove parking lot area in the beginning of the access road. Use the bathroom at this parking lot because the mauka bathroom at the lo‘i is only an outhouse with no flushing toilets.
  - Please **drive slowly in the valley** (Speed Limit 5 Mph), there’s many speed bumps
  - **Watch for keiki (children) playing on the road.**
  - Be quiet as you drive through the housing area because this is a residential valley.

In case you get lost or need assistance

- Kumu’s contact # 808-381-4326 (Kumu Alapaki)
- If Kumu doesn’t answer the phone, or if phone communication is difficult, it’s because the reception in the valley is weak. The best cellular reception is AT&T.
- Try sending a text message if talking on the phone doesn’t work.

Proof of attendance (Use this if there is no attendance sheet to sign)

Write your name and indicate what class & section & Kumu. Give to the person in charge.

Name: ____________________________ Kumu: ____________________________
Class: ____________________________ Konohiki’s signature: ________________________